



Male Liposuction FAQ's

Q: Is liposuction only for women or can men have this procedure.

A: Liposuction can be performed on men and women of all ages, provided they have good skin elasticity, are fit and healthy and have a BMI under 30.

Q: What are typical areas that men have liposuction performed on?

A: Men commonly have liposuction performed on their hips or "love handles" and their breasts for gynaecomastia (which is very common).

Q: Will I have to have liposuction more than once?

A: No. Once the fat cells have been removed from this area, they won't return. The fat cells that you have remaining can get larger, but this will be in proportion to rest of your fat cells over the entire body.

Q: Can I have liposuction to remove my belly fat?

A: This will depend on whether your fat is in front of, or behind your abdominal wall. The typical "beer belly" is generally intra-abdominal fat, which is not only dangerous to your health, but cannot be treated with surgery. If however, your problem is a fatty deposit in front of your abdominal wall and you're at or close to your ideal weight, then liposuction is perfect.

Q: How much time will I need off work after liposuction?

A: This will depend on how much liposuction you've had. Typically men have liposuction to their abdomen and hips (love handles), or to their "man boobs" or breasts. Bruising and swelling are the main problems after liposuction and the fact that you will be required to wear a compression garment for six weeks. You may want to take 2 weeks off work following liposuction, depending on the type of work you perform. If your job is a physical one, you may want to take 3 weeks off. Dr McGovern will provide you with a sick certificate for your employer if needed.

We offer a free consultation service with our registered nurses to answer all of your questions at no cost to you. To take advantage of this offer, contact us today