



## Facelift FAQ's

### **Q: How long will the results of my facelift last?**

A: You will continue to age from the moment you have had surgery at exactly the rate that you did pre-surgery if you continue with the same habits. However you will always have the advantage that your facelift surgery has afforded you.

Many factors can accelerate the aging process including sun exposure, smoking, poor nutrition, stress, certain medications, alcohol consumption and poor skin care routine. You should consider all these factors and ask yourself what practices you would be willing to implement to give yourself the best.

Following the medical grade skin regime and nutritional supplementation recommended by Dr McGovern long term following facelift surgery will greatly improve the longevity of your facelift results.

### **Q : How can I disguise the fact that I've had a facelift?**

A: Basically the secret here is in planning to look completely different prior to your facelift – keep your hair longer and more unkempt than you would normally before surgery. Plan on having a total change of style or colour. It's really quite simple, people recognize change, but if you can distract the eye, 99% of people will accept the change you have allowed, in fact encouraged them to see.

We offer a free consultation service with our registered nurses to answer all of your questions at no cost to you. To take advantage of this offer, contact us today