



Male Skin Care

Q: Are expensive skin products better than the ones I can buy at chemist or in a department store?

A: Cost is no indication of how good a skin care product is. What you need to understand is that the products with fancy packaging and a huge marketing budget rely on you to pay for this! Avoid these completely. What you want to look for is products the government has deemed so strong they can only be sold through doctors – this is what “medical grade products” are. These products work not just on the surface of your skin, but at a cellular level. They are guaranteed to make a difference as long as you stick at your skin care regime.

Q: I've only ever used soap and occasionally sunscreen on my face. Is it too late to start using skin products?

A: No, it is never too late. Medical grade vitamin A in particular will reverse the damage you have and reduce the life time number of skin cancers that you are likely to see appear and have to treat.

Q: Are the special skin care products for males?

A: No. Skin is skin. Sure males have thicker skin, particularly where it is hair bearing, but they suffer with a lot of the same problems that women do. Males can generally handle stronger versions of the same products that females use. Once again, we're not talking expensive department store products – we're talking medical grade skin care – it works!